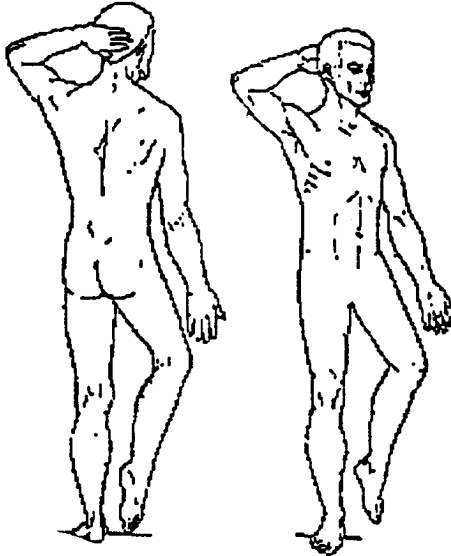


Release Form for Participation in Wrestling

Name _____ School _____

Mark Location of Lesion(s)

Diagnosis _____



Contagious

Non-contagious

Description/Location of Lesion(s) _____

Date Treatment Started ____/____/____

Medication(s) Used to Treat Lesion(s): _____

Date Athlete May Return to Participation ____/____/____ Date Signed ____/____/____

Note: This clearance is valid for not more than three days after the return to participation date unless the MD/DO has identified the lesion as non-contagious.

Physician Name (Printed or typed) _____

Provider Signature _____ Office Phone # _____

(M.D., D.O)

Office Address _____ License # _____

Note to Providers:

It is not the intent to needlessly hold a youngster out of competition. When it is determined by a physician (M.D., D.O.) that a skin condition is no longer contagious and presents no exposure risk to others, the physician may return the athlete to competition even though the treatment of the skin condition may continue on for several more days.

Do not sign a release for participation for any communicable skin disorder until the condition is no longer contagious. This may require an athlete to be re-examined by the care provider.

Non-contagious lesions do not require treatment prior to return to competition.

Note to Officials:

Given that a lesion, identified as Non-Contagious by an MD or DO, remains consistent with the description/location information provided above, this form may be considered valid indefinitely (within current season). If at anytime during the season, body lesions appear to be inconsistent with the information/detail as it appears on this form, it shall be reasonable for a licensed wrestling official to request new or additional medical screening.

Treatment Guidelines

Herpes Simplex Virus – No new lesions in last 48 hours, firm adherent crusts on all lesions for 5 days, and NO vesicular lesions. An oral antiviral for 5 days is recommended but not required.

Impetigo – Oral antibiotics for 72 hours, no draining or exudative lesions.

Tinea – Oral or topical anti-fungal for 10 days, no weeping or exudative lesions, systemic (oral) therapy for 14 days required for Tinea of the scalp.

Molluscum Contagiosum – curettement of lesions prior to return to sports.

National Federation of State High School Associations Rule 4-2-3 states "If a participant is suspected by the referee of having a communicable skin disease or any other condition that makes participation appear inadvisable, his coach shall provide current written documentation from a physician stating that the suspected disease or condition is not communicable and that the athlete's participation would not be harmful to his opponent. **Covering a communicable condition shall not be considered acceptable and does not make the wrestler eligible to participate.** This document shall be furnished at the weigh-in or prior to competition in the dual meet or tournament."

Note: An on-site physician may overrule the diagnosis of the physician signing this form.